



Workshop 4: Culturally Responsive Allied Health Practice.

Nicole Turner - Biography

Nicole Turner is a Kamilaroi woman and is one of the few qualified Aboriginal Community Nutritionists in Australia.

Nicole is the Chairperson of Indigenous Allied Health Australia (IAHA) and Senior Program Manager at the University of Newcastle's Centre for Rural and Remote Mental Health in conjunction with Hunter Medical Research Institute Public Health program. Through this centre Nicole runs the NSW health funded Go4Fun healthy lifestyle program for Aboriginal and Torres Strait Islander children and families across the Hunter New England region.

Nicole's passion is nutrition and healthy living and believes we need to educate and give knowledge to Aboriginal and Torres Strait Islander people about the importance of maintaining a healthy lifestyle, including social and emotional wellbeing and preventing chronic diseases. She is involved with national, state and local committees and organisations and on the NSW Health Minister's Rural advisory committee.

Nicole has published broadly in the area of Aboriginal and Torres Strait Islander Health and nutrition, and has presented at many conferences nationally.

Nicole received the NSW Government's prestigious Gail May Award in 2014, which acknowledges those working tirelessly at the grassroots level to improve health outcomes for Aboriginal and Torres Strait Islander people across the State.

She is very passionate about the future for Aboriginal people in this country and believes we can Close the Gap if we all work together.

Kylie Stothers Biography

Kylie Stothers is a mother of two children and a Jawoyn woman who was born and raised in Katherine, NT. Kylie comes from a large extended family with strong ties in Katherine and surrounding communities. Kylie is the Workforce Development Officer at Indigenous Allied Health Australia and is a social worker who has worked throughout the Northern Territory for over 18 years. She previously worked for the Centre for Remote Health and Flinders University NT at the Katherine site and her interest areas are in child and maternal health, working with families, health promotion, child protection and health workforce issues. Kylie is passionate about education, health and issues that relate to remote and rural Australia.

Culturally Responsive Allied Health Practice

Pre-Conference Workshop

Saturday 26th August (3 hr workshop)

Facilitators: Kylie Stothers and Nicole Turner

Learning Objectives:

- Engage in discussion and self-reflection activities to build your cultural capabilities in working more effectively with Aboriginal and/or Torres Strait Islander peoples;
- Engage in self-reflection about cultures, personal beliefs, assumptions, values, perceptions, attitudes and expectations and impact on relationships;
- Increase understanding of how effective leadership can facilitate change and transform approaches to practice that create cultural safety;
- Explore ways of knowing, being and doing that will enhance ability to be cultural responsive.

Education Methods:

This workshop will be interactive and participants will need to be open and willing to engage in a meaningful way to participate in self-reflective activities that examine one's own personal/professional values, beliefs, experiences and knowledges that can shape interactions and practice.