

NSW RURAL HEALTH AND RESEARCH CONGRESS 2013 – GLASSHOUSE, PORT MACQUARIE (as at 2/10)

9.00 – 12.00	Pre Congress Workshops – Glasshouse, Clarence St, Port Macquarie
0900 – 1200 (Morning Tea 1030 – 1100)	<ul style="list-style-type: none"> Small Function Room - Future Health Leaders Workshop – Dr Shannon Nott Co-Chair and Alice Munro Social Worker representative, Future Health Leaders (FHL) and Ged Hawthorn, Orange Health Service Pharmacist – Master of Ceremonies and Organising Committee member, FHL Forum Ross Studio - The Impact of Racism on the Health and Wellbeing of Aboriginal Men - Lee Patterson, Garry Creighton, Elliott 'Ness' Stewart, Megan Freund, Juanita Sherwood, Graham Fazio, Hunter New England LHD Meeting Room 1 - Writing for Publication – Professor David Perkins, Centre for Rural and Remote Mental Health, University of Newcastle Meeting Room 2 - Developing a Model of Care - Jennifer Parkin, Implementation Manager, Agency for Clinical Innovation (ACI)
1200	Registration & Exhibition Opens – Glasshouse, Clarence St, Port Macquarie
1300 - 1310	Chair and Introductions: Professor Trevor Waring
1310 - 1315	Welcome to Country: Uncle Bill O'Brien, Birpai Elder, Chair of the Birpai Local Aboriginal Land Council
1315 - 1320	Welcome to Port Macquarie: Cr Peter Besseling, Mayor Port Macquarie – Hastings Council
1320 - 1330	Welcome to Mid North Coast Local Health District: Mr Stewart Dowrick, Chief Executive
1330 - 1340	Opening Address : Ms Heather Gray, Chief Executive, Health Education and Training Institute (HETI)
1340 - 1400	Official Opening: Hon. Melinda Pavey, MLC Parliamentary Secretary for Regional Health
1400 - 1445	Plenary Session: <i>"Patient and Family Centred Care: what's in it for us?"</i> – Dr Catherine Crock, Executive Director, Australian Institute for Patient and Family Centred Care.
1445 - 1515	Afternoon Tea – Trade Displays and Poster Exhibition
1515 - 1615	Plenary Session: <i>"Hear me" – by playwright Alan Hopgood</i> . This live performance focuses on the importance of patient and family involvement and empowerment as partners in their own health care and uses the medium of live performance to influence and potentially transform healthcare through provoking audiences to think, reflect on current practice and to consider how to do things better.
1615 - 1630	Summation of Day 1: Professor Trevor Waring
1630 – 1800	Congress Welcome Reception sponsored by the University of Newcastle - Glasshouse, Port Macquarie

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0850 – 0900	Welcome and Opening Day 2: Professor Trevor Waring			
0900 – 0940	Plenary Session: <i>“We shall not cease from exploration: the challenge of rising demand on health services in New Zealand and how innovative models of care in rural practice might provide solutions”</i> - Dr Harry Pert, internationally recognised General Practitioner from Rotorua, New Zealand with a record of experience and leadership in Independent Practitioners' Associations (IPAs), and the Royal New Zealand College of General Practitioners.			
0940 – 1020	Plenary Session: <i>“A collaborative leadership program for NSW Health: the Clinicians and Executive Team Leadership program (CETL)”</i> – Presenters: David Sweeney, Director Leadership, Health Education and Training Institute and Kathleen Ryan, Mid North Coast LHD CETL Pilot Project Manager.			
1020 – 1050	Morning Tea - Trade Displays and Poster Exhibition			
1050 – 1200	Concurrent Session 1			
Themes	Primary, Hospital and Community Care <u>THEATRE</u>	Harnessing the energy through partnerships <u>ROSS STUDIO</u>	Challenges in rural health service provision <u>MEETING ROOM 1</u>	Research that makes a difference <u>MEETING ROOM 2</u>
1050 – 1110	<i>The virtual hospice: an innovative model of end-of-life care</i> – Susan Newton, Staff Specialist, Palliative Medicine, Maitland Hospital, Hunter New England LHD	<i>Enhancing equity and access to specialised care in persons with spinal cord injury living in rural NSW</i> - Melissa McCormick, NSW Spinal Outreach Service, Royal Rehabilitation Centre, Sydney	<i>Filling gaps and achieving quality health outcomes</i> - Leslie Salem, Nurse Practitioner, Aboriginal communities, northern NSW	<i>Clinical practice guidelines for the management of rotator cuff syndrome in the workplace</i> - Dr Sandy McColl, Head of Campus, Port Macquarie, University of New South Wales
1115 – 1135	<i>The invisible Allied Health Assistant (AHA) workforce: the NSW Health AHA initiative</i> - Danijela Radovanovic, Senior Policy Officer, Ministry of Health	<i>A compass and a map: a population health needs assessment in western NSW</i> - Daniel Belshaw, Coordinator Epidemiology, Research and Evaluation, Western NSW LHD	<i>An innovative approach to managing aged care clients requiring specialist care</i> – Helen Dianne Mills, Nurse Practitioner Aged Care Services, Taree, Hunter New England LHD	<i>What do acute stroke patients perceive as important in early recovery?</i> – Julie Adamson, Speech Pathologist, Manning Rural Referral Hospital, Hunter New England LHD
1140 – 1200	<i>Medication safety In the rural palliative care home setting</i> – Anne Scott, CNS Palliative Care and Michelle Wiehe, RN Palliative Care, Cessnock Hospital, Hunter New England LHD	<i>Collaborative recovery in mental health: a new service for depression, anxiety and co-morbid physical health problems</i> - Tim Hewitt, Senior Clinical Psychologist, Western NSW LHD	<i>The ESSENCE of service innovation: achieving equitable service provision in paediatric speech pathology</i> - Alexandra Little, Lecturer - Speech Pathology, University of Newcastle, Department of Rural Health	<i>Access and acceptability: improving participation in blood lead screening among young children in Broken Hill</i> - Frances Borland, Broken Hill University Department of Rural Health, University of Sydney

1205 – 1300	<u>Theatre Room</u> Plenary Session: “The wearing of many hats: how to transition effectively between different roles, tasks and environments and feel more in control of what you do and resilient following a setback” - Dr Adam Fraser, author of three bestselling books including ‘The Third Space’.			
1205 – 1300	<u>Ross Studio</u> Concurrent Session: “Rural health research: what’s happening in our Universities” - Joint presentation by representatives from a number of NSW based Universities – Chair: Professor David Perkins, Professor of Rural Health Research, University of Newcastle. <ul style="list-style-type: none"> • Dr Sandy McColl - Head of Campus Port Macquarie, University of New South Wales • Prof. John Rostas - Head of Faculty Research for the Faculty of Health and Medicine, University of Newcastle • Prof. Susan Nancarrow - Professor of Health Sciences and Director of Research, School of Health and Human Sciences, Southern Cross University 			
1300 – 1400	Congress Poster Awards announced followed by lunch - Trade Displays and Poster Exhibition			
1400 – 1510	Concurrent Session 2			
Themes	Primary, Hospital and Community Care <u>THEATRE</u>	Harnessing the energy through partnerships <u>ROSS STUDIO</u>	Challenges in rural health service provision <u>MEETING ROOM 1</u>	Research that makes a difference <u>MEETING ROOM 2</u>
1400 – 1420	One problem or two: will an innovative model of care improve the treatment of coexisting substance use and mental health disorders in a rural mental health residential unit? – Catherine Foley, Psychologist, Drug and Alcohol Service Coffs Harbour, Mid North Coast LHD	Saying no to residential care placements for younger adults: creating partnerships for rural community based brain injury rehabilitation programs – Denise Young, Program Manager, Mid-Western Brain Injury Rehab. Program, Western NSW LHD	Why I went rural: physiotherapy student’s perspectives on long term rural clinical placements – Ashlea Patterson, Emma Gurd and Laura Parish, 4 th Year Physiotherapy Students, University of Newcastle	Does Pertussis vaccine reduce clinical symptoms and the risk of disease transmission to household contacts? – Janet Terry, Public Health Preparedness Epidemiologist, Mid North Coast and Northern NSW LHDs
1425 – 1445	Community innovation: the development of a Nurse Practitioner model of care in community palliative care – Debra White, Nurse Practitioner, Palliative Care, Port Macquarie, Mid North Coast LHD	Harnessing the energy through partnerships: inter-professional paediatric education for allied health professionals – Alexandra Little, Lecturer - Speech Pathology, University of Newcastle	Pre-school healthy kids check and immunisation: BMI, parent and nurse perception and parent level of concern - Monica Murray, Mgr Community and Allied Health Services, Lachlan, Western NSW LHD	Evaluation of the ‘Fresh Tastes @ School’ policy in a cohort of Hunter New England school: are the chips really down? – Anne Hills, Community Dietitian, Hunter New England LHD
1450 – 1510	Creating multidisciplinary service delivery in rural health settings using Boundary Theory – Buck Reed, Paramedic, Ambulance Service of NSW, Boggabri	A respite care response for rural families facing adversity – Donna Parkes, Rural and Remote Services Manager, Royal Far West, Sydney	Improving renal services for Aboriginal people with end-stage kidney disease in rural NSW – Elizabeth Rix, PhD candidate, University Centre for Rural Health, University of Sydney, Lismore	Outcomes of a fracture liaison service for osteoporosis in regional Australia – Emily Davidson, University of Notre Dame, Australia
1510 – 1540	Afternoon Tea - Trade Displays and Poster Exhibition			



See the Mobile Simulation Centre (left) today in the Glasshouse Forecourt. Register for a time at the Congress Registration desk.

DAY TWO, 22ND OCTOBER 2013 – continued

1540 – 1650	Concurrent Session 3			
Theme	Emerging Technologies <u>THEATRE</u>	Harnessing the energy through partnerships <u>ROSS STUDIO</u>	Challenges in rural health service provision <u>MEETING ROOM 1</u>	Research that makes a difference <u>MEETING ROOM 2</u>
1540 – 1600	<i>Improving access to health services for rural children: Come N See</i> – Donna Parkes, Rural and Remote Services Manager, Royal Far West	<i>A collaborative approach to improving end of life care in a rural hospital</i> – Anne Scott Clinical Nurse Specialist, Palliative Care, Cessnock, Hunter New England LHD	<i>Preliminary evaluation of the Acute Medical Unit at Orange Health Service</i> – Catherine Hawke, Associate Professor in Rural Health, School of Rural Health, University of Sydney, Orange	<i>Rural collaborative guideline implementation: evaluation of a hub and spoke multidisciplinary team model of care for orthogeriatric inpatients, a before and after study of adherence to clinical practice</i> – Tracey Drabsch, Snr Physiotherapist, Western NSW LHD
1605 – 1625	<i>eCultural Competence: bringing multicultural health training to Hunter New England Health rural staff</i> – Therese Morris, Multicultural Health Liaison Officer Hunter New England LHD	<i>'Health Tums, Healthy Gums' program: nutrition and oral health collaboration supporting vulnerable families</i> – Jodie Peace and Lisa Fitzgerald, Dietitians, Tamworth, Hunter New England LHD	<i>Rural parents' experiences following their child's traumatic brain injury</i> – Deborah Hoban, Paediatric Rehabilitation Coordinator, Mid-Western Brain Injury Rehabilitation Program, Bathurst, Western NSW LHD	<i>Handgrip strength as an indicator of nutritional status in patients in a rural hospital</i> - Bridget Thompson, Senior Dietitian, Bega District Hospital, Southern NSW LHD
1630 – 1650	<i>Issues in identifying rural health service catchment areas: a case study</i> – Margaret Rolfe, Biostatistician, University Centre for Rural Health Lismore, Sydney University	<i>Implementing and evaluating the ACI model of care for osteoporotic re-fracture prevention (ORP)</i> – Robyn Speerin, Musculoskeletal Network Manager, Agency for Clinical Innovation (ACI)	<i>Medication discrepancies after discharge from a rural District Hospital: what medications are our patients taking at home?</i> - Julie Hilditch, Director of Pharmacy, Shoalhaven District Memorial Hospital, Illawarra Shoalhaven LHD	<i>Building research on the Mid North Coast NSW</i> – Nicole Raschke, Manager, Clinical Research Initiative Project, Mid North Coast LHD
1655 – 1710	Congress Close Day Two: Professor Trevor Waring			
1830 – 2300	NSW Rural Health and Research Congress Gala Dinner: Rydges Port Macquarie, 1 Hay St Port Macquarie			



DAY THREE, 23RD OCTOBER 2013

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0850 – 0900	Welcome and Opening Day 3: Craig Suosaari, Speech Pathologist, Hastings Macleay Mid North Coast LHD			
0900 – 0945	Plenary Session: “Our next big challenge for rural health: shaping leadership for the future” - Dr Gaynor Heading, Deputy Chief Executive, Health Education and Training Institute and Dr Shannon Nott, Co-Chair Future Health Leaders Council			
0950 – 1100	Concurrent Session 4			
Theme	Emerging Technologies <u>THEATRE</u>	Harnessing the energy through partnerships <u>ROSS STUDIO</u>	Research that makes a difference <u>MEETING ROOM 1</u>	Research that makes a difference <u>MEETING ROOM 2</u>
0950 – 1010	<i>TeleAmbulatory care: improving access to outpatient care for rural communities</i> – Lyn Boylan, Co-ordinator, Rural Health Programs, Community Health Strategy Hunter New England LHD	<i>Improving access to colposcopy and gynaecology services for Indigenous women in rural and remote NSW</i> – Leonie Park, Nurse Practitioner-Women's Health, Condobolin, Western NSW LHD	<i>Remote access to big datasets: enabling rural-based research on cancer in NSW farmers</i> – Julie Depczynski, PhD Candidate, Australian Centre for Agricultural Health and Safety, Moree, University of Sydney	<i>GASP Goulburn Airways and Perceptions: a phenomenological study of the experience of breathlessness in COPD patients in a rural area</i> – Roberta Hoskins, Psychologist and Jane Cotter, Nurse Practitioner Chronic Care, Goulburn Southern NSW LHD
1015 – 1035	<i>IPad use in rural health: implementing a viable home tele-health model of care to empower consumers, reduce isolation and improve access</i> - Alyssa Rogan, Northern Rural Spinal Cord Injury Coordinator, Tamworth, Hunter New England LHD	<i>Nambucca Valley care Registered Nurse collaboration program</i> - Joanne Butler, Deputy Director of Nursing, Macksville and Jenny Zirkler, Executive Care Mgr, Nambucca Valley Care, Mid North Coast LHD	<i>Quad bike safety: rolling on</i> – Tony Lower, Director Australian Centre for Agricultural Health and Safety, Moree, University of Sydney	<i>Mapping stakeholder networks in rural and remote mental health policy: research design principles</i> – Mark Lock, Research Fellow, Centre for Rural and Remote Mental Health, University of Newcastle
1040 – 1100	<i>Telehealth thrombolysis protocol: providing support for rural services delivering evidence based stroke care</i> – Jennifer Rudd, Stroke Coordinator, Manning Rural Referral Hospital, Hunter New England LHD	<i>The new Rural Health Network, Agency for Clinical Innovation – sharing lessons learned</i> – Jenny Preece, Rural Health Manager, Agency for Clinical Innovation	<i>Emotional intelligence as a mitigating factor in bullying: lessons for nursing leadership</i> – John Hurley, Associate Professor, Southern Cross University, Coffs Harbour	<i>Advancements in the management of rectal cancer utilising radiation therapy at the North Coast Cancer Institute</i> – Nick Hutchinson, Radiation Therapist, North Coast Cancer Institute
1100 – 1130	Morning Tea - Trade Displays and Poster Exhibition			
1130 – 1200	Announcement the ACI Rural Health Innovation Awards for Congress Concurrent Presentations. Summation and Congress Close: Craig Suosaari, Speech Pathologist, Hastings Macleay Mid North Coast LHD			

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