



**Program**  
**Day One – 9 September**  
**NSW Rural Health & Research Congress Dubbo**  
**#RHRC2014 @nswheti**



<b>9.00 – 12.15pm</b>	<b>Pre Conference Workshops:</b> Dubbo Regional Theatre and Convention Centre (DRTCC)
Morning tea 10.30 – 11.00am	<ul style="list-style-type: none"> <li>• <b>“Tech Savvy and ‘Appy: using technology to engage young people and promote wellbeing”</b> - Fiona Robards, Senior Analyst/Psychologist and Sera Harris, Social Worker NSW Kids and Families</li> <li>• <b>“Working together to lessen the impact of Cancer”</b> - Dr Elizabeth Latimer Hill, Manager eviQ Education, Cancer Institute NSW</li> <li>• <b>“If not now, when? The impact of racism on the health and wellbeing of Aboriginal men”</b> - Elliott ‘Ness’ Stewart, Garry Creighton, Lee Patterson and Graham Fazio, Hunter New England Local Health District Research Team</li> </ul>
<b>12.00pm</b>	<b>Registrations open:</b> Dubbo Regional Theatre and Convention Centre foyer (DRTCC)
<b>1.00pm</b>	<b>Congress Opening Addresses begin – Theatre</b>
<b>1.00pm</b>	<b>Master of Ceremonies</b> Dugald Saunders, Morning Presenter ABC Radio Western Plains
<b>1.10pm</b>	<b>Welcome to Country</b> Dina Moore, Ngemba woman
<b>1.15pm</b>	<b>Welcome to Western NSW LHD</b> Mr Scott McLachlan, Chief Executive, Western NSW Local Health District
<b>1.25pm</b>	<b>Opening address</b> Ms Heather Gray, Chief Executive, Health Education and Training Institute (HETI)
<b>1.30pm</b>	<b>Plenary</b> <b>“Regional NSW defined: the changes, the challenges and the trends – an overview of the mega trends impacting the health and social landscape of rural NSW”</b> - presented by Mark McCrindle an award-winning social researcher, best-selling author, and principal of McCrindle Research Australia
<b>2.10pm</b>	<b>Plenary</b> <b>“HETI Online: your Passport to future education”</b> – Lynda Mary Wood, Director District HETI, Health Education and Training Institute
<b>2.30pm</b>	<b>Afternoon Tea</b> Trade Displays and Poster Exhibition
<b>3.00-3.30pm</b>	<b>Plenary</b> <b>“Shifting the balance of care: learnings from Scotland”</b> - Carrie Marr, Executive Director for Organisational Effectiveness, Western Sydney LHD
<b>3.30-4.30pm</b>	<b>Plenary</b> <b>“Integrated Care: panel presentations and discussion”</b> - facilitated by Stephen McKernan QSO, Managing Partner, Health Partners Consulting Group Ltd
<b>4.30pm</b>	<b>Summation of Day 1:</b> Dugald Saunders
<b>4.40pm</b>	<b>Congress Welcome Reception</b> Dubbo Regional Theatre and Convention Centre Foyer

8.45am	<b>Welcome and Opening of Day 2:</b> Dugald Saunders <b>Congress Poster Awards announced - Theatre</b>			
9.00am	<b>Plenary</b> <i>“The benefits of telehealth are many: it’s time to implement telehealth as core business”</i> - Associate Professor Sabe Sabesan, Consultant Medical Oncologist, Townsville Cancer Centre and Tropical Centre for Telehealth Practice and Research, Townsville Hospital			
9.40am	<b>Plenary</b> <i>“The footprints of tomorrow are those we tread today: reflections on what could lie on the horizon for rural health and communities”</i> - Lindsay Cane, Chief Executive Officer, Royal Far West. <b>Proudly sponsored by NSW Kids and Families</b>			
10.20am	<b>Morning Tea</b> Trade Displays and Poster Exhibition			
10.50am	<b>Plenary</b> <i>“Four Funerals in One Day” – by playwright Alan Hopgood and Molly Carlisle AM</i> explores the human reality for patients and staff involved in palliative care. Based on real people’s stories this play is at times both humorous and sad but ultimately thought provoking			
11.50 – 1.00pm	<b>Concurrent Session 1</b>			
<b>Themes</b>	<b>“Innovation – furthering rural horizons”</b> Venue 1	<b>“Today’s vision, tomorrow’s reality – improving patient safety in rural health”</b> Venue 2	<b>“Evidence in rural health – research to inform the future”</b> Venue 3	<b>“Innovation – furthering rural horizons”</b> Venue 4
11.50 -12.10pm	<b>Investing in generational change towards National Aboriginal Community Controlled Health Organisation (NACCHO) Healthy Futures 2013-2030: rural innovation at Peak Hill AMS</b> – Madhuri Velagala, Credentialed Diabetes Educator, Acc. Practising Dietitian and Registered Nutritionist, Peak Hill Aboriginal Medical Service	<b>Prevention and recovery care in the west: the experiences of providing sub-acute services in regional NSW</b> – Michelle Maitland, Western NSW Region Manager Mental Health Rehabilitation and Recovery Centre, Dubbo WNSWLHD and Lee Willis, Social & Emotional Wellbeing Worker, Neami National	<b>Lost in Translation: getting your rural research evidence into practice</b> – Sue Kirby Senior Research Fellow, Broken Hill University Department of Rural Health and Cathie Cummins, Work Health Safety Coordinator, Wagga Wagga Health Service, MLHD	<b>Improving Allied Health supervision and support through implementation of the Connecting Practice Framework in Southern NSW Local Health District</b> - Megan Kurtz, Allied Health Educator, Bega SNSWLHD and Professor Julia Coyle, Dean of Students and Albury-Wodonga Head of Campus, Charles Sturt University
12.15-12.35pm	<b>Healthy Kids Bus Stop: breaking down the silos through integrated care</b> - Donna Parkes, Rural and Remote Service Manager, Royal Far West	<b>Improving medication safety for clients and carers in the rural palliative care home setting</b> – Kate Stuart, Clinical Nurse Specialist Palliative Care, Cessnock - Kurri Kurri - Singleton Palliative Care Service, HNELHD	<b>Australian physiotherapists and their engagement with people with chronic pain: do their emotional responses affect practice?</b> – Shelley Barlow, PhD candidate Southern Cross University/ Ballina Community Health, NNSWLHD	<b>Acute Neurotrauma Management: dispelling the fear of performing emergency neurosurgery in order to save lives</b> – Marianne Vonau, Chair Acute Neurotrauma working party, Royal Australasian College of Surgeons

<b>12.40-1.00pm</b>	<b><i>The development of a Population Health Program (PHP) at the Orange Aboriginal Medical Service (OAMS)</i></b> – Associate Professor Catherine Hawke, School of Rural Health Orange, University of Sydney	<b><i>Support my spine ASAP: a rural tele-health care model for patients being managed with a Thoracic Lumbar Sacral Orthotic (TLSO)</i></b> – Ryan Gallagher, Acting Senior Physiotherapist Neurosciences, John Hunter Hospital Newcastle, HNELHD	<b><i>Farm kids and safety - protecting the future</i></b> – Tony Lower, Director and Noeline Monaghan, Australian Centre for Agricultural Health & Safety, Moree	<b><i>Working with Aboriginal grief and loss: intentions and outcomes for social and emotional wellbeing</i></b> - Megan Wynne-Jones Senior Project Officer, NSW Institute of Psychiatry, Health Education and Training Institute (HETI)
<b>1.00pm</b>	<b>Lunch - Trade Displays and Poster Exhibition</b>			
<b>1.45pm</b>	<b>Plenary</b> “ <b>Insights into Care: assessing healthcare performance in rural, regional and remote NSW</b> ” – Jean-Frédéric Lévesque, Chief Executive, Bureau of Health Information			
<b>2.10- 2.30pm</b>	<b>Plenary</b> “ <b>Small Acts of Kindness</b> ” - Susan Pearce, Chief Nursing and Midwifery Officer, NSW Ministry of Health			
<b>2.35-3.45pm</b>	<b>Concurrent Session 2</b>			
<b>Themes</b>	<b>“Innovation – furthering rural horizons”</b> Venue 1	<b>“Today’s vision, tomorrow’s reality – improving patient safety in rural health”</b> Venue 2	<b>“Evidence in rural health – research to inform the future”</b> Venue 3	
<b>2.35-2.55pm</b>	<b><i>Telehealth to the home: improving health outcomes for isolated people living with cancer</i></b> - Angela Morgan, Practice Development Officer, HNELHD	<b><i>Innovative nurse led changes for preventing Catheter Associated Urinary Tract Infection (CAUTI) - an inter-professional project</i></b> - Wendy Watts, Clinical Nurse Consultant Urology, John Hunter Hospital Newcastle, HNELHD	<b><i>Remote speech pathology assessments: making language assessments more accessible to children living in rural NSW</i></b> – Rebecca Sutherland, Senior Speech Pathologist Child Development Unit, Children’s Hospital, Westmead	
<b>3.00-3.20pm</b>	<b><i>Innovation at its best: a novel way to deliver a NSW state-wide rural ‘virtual’ forum simply using technology</i></b> - Jenny Preece, Rural Health Manager, Agency for Clinical Innovation (ACI), Dorrigo and Chloe Modell, Telehealth Project Officer, Agency for Clinical Innovation (ACI)	<b><i>Rising to the challenge: medical and forensic responses to child sexual assault in rural and regional NSW</i></b> –Professor Graham Vimpani AM, Senior Clinical Advisor, Child Protection and Wellbeing and Mailin Suchting, Director Child Protection and Violence Prevention, NSW Ministry of Health	<b><i>Is the Certificate IV in Allied Health Assistance associated with enhanced clinical practice for Allied Health Assistants in rural NSW?</i></b> - Angela Firth, Allied Health Projects Coordinator, WNSWLHD	
<b>3.25-3.45pm</b>	<b><i>Using telehealth to expand specialist access for adults with Type 1 diabetes in Hunter New England</i></b> – Janet Dunbabin, Research Assistant, University of Newcastle	<b><i>My child’s birth and how life is: voices of Nambucca women</i></b> – Stephen Barber, Nurse Educator, Macksville Health Service, MNCLHD	<b><i>Recruiting a young rural adolescent cohort: The ARCHER experience</i></b> – Karen Paxton, ARCHER Study Manager, School of Rural Health Dubbo, The University of Sydney	

3.45	<i>Afternoon Tea Trade Displays and Poster Exhibition</i>		
4.10-5.15pm	<b>Concurrent Session 3</b>		
<b>Themes</b>	<b>“Innovation – furthering rural horizons”</b> Venue 1	<b>“Today’s vision, tomorrow’s reality – improving patient safety in rural health”</b> Venue 2	<b>“Evidence in rural health – research to inform the future”</b> Venue 3
4.10-4.30pm	<i>Current initiatives in Allied Health: HETI Clinical supervision and Workplace Learning Grants Programs</i> – John Merrick Director Allied Health, Health Education and Training Institute	<i>Comparison of Tai Chi and traditional exercise classes for mobility, strength and balance – a case study from a small rural community</i> – David Cross, Physiotherapist, Rachael Kirsop, Community Nurse and Maryanne Chatfield, Health Service Manager Gilgandra MPS, WNSWLHD	<i>Cancer in farmers, non-farm rural and urban residents in the NSW ‘45 and Up’ Study cohort</i> – Julie Depczynski, PhD Candidate, University of Sydney, Australian Centre for Agricultural Health and Safety, Moree
4.35-4.55pm	<i>VESPA: Video Examples of Speech Pathology Activities</i> – Craig Suosaari Speech Pathologist, Rural Primary Health Services, Hastings Macleay, Port Macquarie, MNCLHD	<i>iWORC - interprofessional ways of readying clinicians</i> - Rod Peadon, Manager iSimCentre, Coffs Harbour, MNCLHD	<i>Alcohol and other drug use in rural Australia: monitoring the impact and considering the implications</i> – Jennifer Johnston, Project Manager, University Centre for Rural Health, North Coast, Lismore
5.00-5.20pm	<i>A public-private partnership new graduate physiotherapy recruitment and education program: who benefits?</i> - David Schmidt, Physiotherapy Advisor Bega SNSWLHD and Neil Dmytryk, Sapphire Coast Physiotherapy, Merimbula	<i>Can you make it better? The impact of behaviours of health professionals on the experience of people having surgery for colorectal cancer in NSW</i> - Rachel Pitt, Nurse Practitioner, HNELHD	<i>Violence and vulnerability: how rural emergency nurses manage fear when caring for alcohol intoxicated patients</i> – Elizabeth McCall, Nurse Manager, Byron District Hospital, Byron Bay, NNSWLHD
5.20pm	<b>Congress close Day Two</b>		
6.30pm	<b>NSW Rural Health and Research Congress Dinner, Savannah Room Dubbo Zoo including presentations to HETI Rural Research Capacity Building Program graduates</b> <ul style="list-style-type: none"> <li>• 6.30 - 6.45pm Guests travelling by bus meet at front of Congress venue (DRTCC). Others travel to the Zoo independently</li> <li>• 6.45 - 7.30pm drinks and canapés</li> <li>• 7.30pm Guests are seated in the Savannah Room for dinner</li> </ul>		



**Program**  
**Day Three – 11 September**  
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9.00am	<b>Welcome and Opening of Day 3</b> Dugald Saunders		
9.05 – 9.30am	<b>Plenary</b> “ <i>Engaging with rural communities on future health: from Achiltibuie to Warracknabeal</i> ” - Professor Jane Farmer, Associate Dean Research & Strategic Projects, Faculty of Health Sciences, La Trobe University, Bendigo & Bundoora		
9.30-10.45am	<b>Concurrent Session 4</b>		
<b>Themes</b>	“ <b>Innovation – furthering rural horizons</b> ” Venue 1	“ <b>Today’s vision, tomorrow’s reality – improving patient safety in rural health</b> ” Venue 2	“ <b>Evidence in rural health – research to inform the future</b> ” Venue 3
9.35-9.55am	<b><i>The Aboriginal identification in hospitals quality improvement project</i></b> - Ro Stirling-Kelly, Project Officer, Kempsey District Hospital, MNCLHD	<b><i>Challenging conversations for clinicians-</i></b> Rod Peadon, Manager iSimCentre, Coffs Harbour, MNCLHD	<b><i>FAST notification for stroke thrombolysis</i></b> – Bruce Paddock, Program Manager Stroke Services, Ambulance Service of NSW
10.00-10.20am	<b><i>Rural Mobile Simulation: innovation in education delivery for the rural health workforce</i></b> – Tod Adams, Manager Rural Mobile Simulation Centre, Health Education and Training Institute (HETI), Nowra	<b><i>‘Specialling’ elderly patients with delirium/dementia in the acute hospital setting</i></b> - Kerry Bartlett, Clinical Nurse Consultant Discharge Planning, Coffs Harbour Health Service, MNCLHD	<b><i>The ARCHER study: baseline characteristics of a unique rural adolescent cohort</i></b> – Catherine Hawke, Associate Professor, School of Rural Health Orange, The University of Sydney
10.25-10.45am	<b><i>ANZMET2014: a rural taster, achieving medical education outcomes for everyone</i></b> – Medical Portfolio, Health Education and Training Institute (HETI)	<b><i>Aboriginal Health Assessments at the Orange Aboriginal Medical Service: identification of risk factors and morbidity, and outcomes at 6 months</i></b> - Kristy Payne Research Officer - Rural and Indigenous Health, Bathurst Rural Clinical School University of Western Sydney	<b><i>Evaluation of the “In Safe Hands” clinical trial of structured interdisciplinary bedside rounds at the Orange Health Service</i></b> - Dr Georgina Luscombe, Lecturer Medical Statistics, School of Rural Health and Adjunct Lecturer Obstetrics, Gynaecology and Neonatology, University of Sydney
10.45am	<b>Morning Tea</b> Trade Displays and Poster Exhibition		
11.15am	<b>Plenary</b> “ <i>The National Venous Thromboembolism Program (VTE) in England and the Exemplar Centres Network</i> ” - Helen Morrison VTE Prevention Programme Manager for the National Health Service (NHS) England		
12.00pm	<b>ACI Rural Health Innovation Awards for Concurrent Presentations</b>  <b>Summation and Congress Close:</b> Dugald Saunders		
<b>Take-Away lunch</b>	<b>Light take away lunch provided for delegates</b>		

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